



Teamwork & People Development

Dealing with Others and Understanding Behaviour

► Upcoming Sessions

07-11 Oct 2024	Dubai - UAE	\$5,950
16-20 Dec 2024	Madrid - Spain	\$5,950
23-27 Jun 2025	London - UK	\$5,950
06-10 Oct 2025	Dubai - UAE	\$5,950

► Training Details

Training Course Overview

If any organisation is to be effective, it requires effective team working at all levels. Indeed, team working has become an increasingly common feature of organisational life as management seeks to introduce flatter organisational structures in response to changes in technology in an increasingly challenging marketplace.

When working effectively, a team can provide real benefits for both individuals and organisations, but you should also be aware of the pitfalls of team working. If you simply call a group of people who work together, a team, you will not magically harness the real benefits of team working. This exciting and practical course examines the key ingredients of successful team performance, which will help you build and develop teams within an organisation. It also explores the best ways to develop yourself and others.

Training Course Objectives

By attending this Anderson training course, delegates will be able to:

- Distinguish between groups and teams and list the characteristics of effective teams
- Increase teamwork efficiency
- Describe the basics of human behavior
- Increase development within the team
- Improve interpersonal skills and teamwork

Designed For

This training course is suitable for a broad range of people, but will greatly benefit:

- All Team Leaders
- Staff responsible for the development of team members
- All supervisors, middle managers, department heads and senior managers
- All superintendents, team leaders and functional leaders and managers
- Technical staff recently promoted to management or team leader positions
- Human resource personnel including HR Business Partners and training staff
- All staff interested in improving their Teamwork & People Development skills

► Training Details

Day One: Teamwork Essentials

- ▶ Team development
- ▶ The sociology of the team
- ▶ Characteristics of high-performing teams
- ▶ Teamworking activity
- ▶ The stages of team development
- ▶ Teams leadership and a shared vision

Day Two: Team Roles and Behaviours

- ▶ Understanding team roles and effective teams
- ▶ Creating the 'perfect' team
- ▶ Belbin and team roles
- ▶ Self-Perception Inventory
- ▶ Missing team roles
- ▶ Team role activities/games

Day Three: Group Dynamics & Human Psychology

- ▶ The study of groups
- ▶ Social norms
- ▶ Risky Shift Phenomenon
- ▶ Group Process Skills
- ▶ Group Behaviour Interventions
- ▶ Group Cohesiveness

Day Four: Dealing with Others - Conflict Management

- ▶ The nature of workplace conflict
- ▶ Resources for responding to conflict
- ▶ Dealing with 'difficult people'
- ▶ Recognizing and overcoming false consensus in groups
- ▶ Groupthink
- ▶ Mediation skills

Day Five: Developing Yourself

- ▶ Setting Career Goals
- ▶ What type of learning & development suits you
- ▶ Understanding your career journey
- ▶ Are you suited for leadership or management?
- ▶ Personal career SWOT analysis
- ▶ Personal action planning

► The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

► INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

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