



Cognitive Skills to Improve Personal and Project Team Performance

Upcoming Sessions

05-09 Aug 2024	Rome - Italy	\$5,950
28 Oct-01 Nov 2024	London - UK	\$5,950
26-30 May 2025	Dubai - UAE	\$5,950
27-31 Oct 2025	London - UK	\$5,950

Training Details

Training Course Overview

When did you last think about thinking? It's true that we all do it instinctively and there is a common understanding that we will self-acquire these skills from our own experiences. This situation may be greatly enhanced by taking time to study thinking skills. Widening our approach will help to avoid being constrained by 'status quo' thinking patterns. Sometimes, when working under pressure, there seems little time to apply thinking before we must act. This Anderson training course will introduce techniques for thinking creatively as well as critically and to be able to make decisions with clarity when faced with challenging situations.

Training Course Objectives

By attending this Anderson training course, delegates will be able to:

- ► Apply tools to critically evaluate alternatives in a problem-solving process
- Engage teams effectively in the thinking process to achieve results faster
- ▶ Utilise visualisation techniques to expand horizons in defining the causes of problems
- ► Realise conclusions which are soundly underpinned by a thinking process
- ► Identify potential risks which may result from the decision-making process

Designed For

This Anderson training course is suitable for a wide range of professionals, but will greatly benefit:

- ► Senior Executive Managers
- ▶ Department Heads
- Operational Managers
- ► Technical Managers and Supervisors
- ► Planning Department Managers and Senior staff
- ► Team Leaders
- ► Business Development Managers

▶ Training Details

Day One: Developing Thinking, Creativity and Innovation to Provide Better Solutions

- ▶ Determining thinking as a learned subject
- Creativity and innovation in producing business solutions
- ▶ Utilising visualisation and fact finding and determining true causes of problems
- Introducing the concepts of critical thinking
- Using the critical thinking process to gather information
- ► Developing investigative questioning skills for gathering information

Day Two: Identifying Sources of Information and Making Positive Evaluations

- ► Diagnosing, evaluating and interpreting information
- ► Determining the impact of data on the situation or problem
- ▶ Working to remove bias so as not to jump to conclusions when dealing with data
- ► Root cause analysis as a starting point
- ▶ Determining appropriate questioning during investigations using the 3-level technique
- Active listening skills to ensure the credibility and relevance of information acquired

Day Three: Interpreting Information and Planning Credible Solutions

- Scenario planning to provide solutions
- Critically evaluate alternatives using different tools
- ► Bottom up, top down logic: inductive and deductive reasoning
- Convergent and divergent thinking systems
- ► Schematic diagrams, logic trees and their application
- ► Avoid irrelevant details when critically evaluating situations

Day Four: Working with Project Teams - Bringing Together Collective Thinking

- Mind mapping tools to boost team creativity
- ► Team communication sharing the thinking in real-time
- ▶ Interpreting information to reach alternatives for collective decision making
- Decision making tools to rationalise effective outcomes
- Freeing up team thinking when they become stuck
- ► Developing thought processes to avoid procrastination

Day Five: Avoiding and Mitigating Risk when Implementing Decisions

- ► Planning to implement decisions effectively
- ► Thinking in teams to reduce the risk of failure
- ► Identify potential risks and future problems with decisions relating to employees
- ► Consultations and mitigation of risk when dealing with people
- Quantitative risk analysis and modelling
- Practical review and learning plan

▶ The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

► INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae



P.O Box 74589, Dubai, United Arab Emirates

Web: www.anderson.ae Email: info@anderson.ae Phone: +971 4 365 8363 Fax: +971 4 360 4759 © 2024. Material published by Anderson shown here is copyrighted.

All rights reserved. Any unauthorized copying, distribution, use, dissemination, downloading, storing (in any medium), transmission, reproduction or reliance in whole or any part of this course outline is prohibited and will constitute an infringement of copyright.