



## Foundations of Everyday Leadership

Creating a Learning and Coaching Culture in the Workplace

### ► Upcoming Sessions

26-30 Aug 2024	London - UK	\$5,950
09-13 Dec 2024	Dubai - UAE	\$5,950
07-11 Apr 2025	London - UK	\$5,950
25-29 Aug 2025	London - UK	\$5,950
08-12 Dec 2025	Dubai - UAE	\$5,950

### ► Training Details

#### Training Course Overview

‘When we tell people to do their jobs we get workers, when we trust people to do their jobs we get leaders’ Simon Sinek.

How important is to you that the people in your team and those around grow as human beings? If you genuinely believe that you are there serve your team and help them be the best version of themselves then register now for this compelling and rewarding seminar.

Creating an environment where people grow is not only rewarding but will ensure your team and your organisation will continue to succeed. So if exploring new ideas and generating fresh thinking to help those around you flourish and reach their full potential then engaging with this seminar is a must. When was the last time you had the opportunity to spend five days thinking about you in the context of leadership?

This hugely popular Anderson training course will add a wide portfolio of knowledge and skills to your leadership ‘tool box’. You will have the opportunity to learn not only from the vibrant learning platform created by the course tutor but also from fellow delegates. So, if helping to create future generations of leaders and nurturing the talents of those you interact with is part of your leadership purpose then hesitate not a moment longer and register your interest now.

#### Training Course Objectives

**By attending this Anderson training course, delegates will be able to:**

- Apply a range of leadership tools that will accelerate ‘buy in’ in the workplace
- Align the efforts of others to team goals
- Implement the building blocks for a high performing team
- Provide excellent leadership in a wide range of situations
- Mentor and coach team members to excel

#### Designed For

**This Anderson training course is suitable to a wide range of professionals but will greatly benefit:**

- ▶ All leaders and professionals who are motivated to be better prepared to lead their teams or organisation
- ▶ Practising Coaches and Mentors
- ▶ Experienced Managers
- ▶ Supervisors and business professionals
- ▶ Those who aspire to lead

## ▶ Training Details

### **Day One: All Leadership starts in the Future**

- ▶ Determining what excellent leadership is
- ▶ Creating a leadership mind set
- ▶ The relationship between Emotional Intelligence and building strong relationships
- ▶ Leadership styles and their effect on the team
- ▶ The building blocks of high performing teams
- ▶ Raising self-awareness with the Johari Window

### **Day Two: The Leaders Role in Motivating Others**

- ▶ Defining motivation in the workplace
- ▶ The science of motivation theory
- ▶ The role of the leader in creating a motivational environment by understanding dissatisfiers
- ▶ Autonomy, Mastery and Purpose
- ▶ Belbin's Team roles
- ▶ Understanding others' perspectives. Seek first to understand

### **Day Three: Team Work and Collaboration**

- ▶ Making the Pareto Principle work for you
- ▶ Facilitating and generating ideas with the team
- ▶ Selecting and evaluating options
- ▶ Problem solving in teams
- ▶ Introduction to the stages of team development
- ▶ Exploring Lencioni's 5 Dysfunctions of a Team

### **Day Four: Negotiating and Presenting**

- ▶ Understanding the concept and language of negotiation
- ▶ Preparing for Negotiations: like, intend and must
- ▶ The importance of exploring mutually compatible interests
- ▶ The power of using structure when preparing a presentation
- ▶ The influence of voice, tone and body language
- ▶ Using a personal vocal checklist

### **Day Five: The Principles and Practice of Coaching**

- ▶ The role of coaching in the workplace
- ▶ Coaching and mentoring
- ▶ How to give and receive feedback
- ▶ Introduction to the GROW model
- ▶ Coaching tools
- ▶ Using delegation effectively

## ▶ The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

## ▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: [info@anderson.ae](mailto:info@anderson.ae)

Request for a Tailor-made training and educational experience for your organization now:

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