



## Mastering the Transition from Technical Expert to Leader

Becoming a Transformational Leader and an Effective People Manager in any Workplace

### ► Upcoming Sessions

16-20 Sep 2024	Amsterdam - The Netherlands	\$5,950
23-27 Dec 2024	Dubai - UAE	\$5,950
14-18 Apr 2025	Istanbul - Turkey	\$5,950
15-19 Sep 2025	Amsterdam - The Netherlands	\$5,950
22-26 Dec 2025	Dubai - UAE	\$5,950

### ► Training Details

#### Training Course Overview

This highly participative 5-day Anderson training course will help you develop your skills to become a transformational leader and an effective people manager in any workplace. Moving into a leadership role from a technical or professional role can be challenging. A leadership role requires skills and competencies that may not have been part of your training or previous work experience.

This Anderson training course will give you the skills to meet organisational objectives, build a high-performing team, and expand your impact as a leader of people.

#### Training Course Objectives

**By attending this Anderson training course, delegates will be able to:**

- ▶ Differentiate between types of leadership
- ▶ Develop self-awareness and emotional intelligence
- ▶ Manage and lead change
- ▶ Use of active listening skills
- ▶ Transition from a technical expert to a competent leader

#### Designed For

**This Anderson training course is suitable for a wide range of professionals but will greatly benefit:**

- ▶ Anyone promoted into a people management or leadership role
- ▶ Engineers
- ▶ Engineering Managers
- ▶ Project Managers

- ▶ Technical Leads
- ▶ Operational Managers
- ▶ Financial Professionals
- ▶ Managers and leaders in Government
- ▶ Oil & Gas Professionals
- ▶ HR professionals moving into Leadership roles

## ▶ Training Details

### **Day One: The Need for Leadership in the Modern Workplace**

- ▶ From technical expert to leader
- ▶ The difference between managing and leading
- ▶ Characteristics of highly effective leaders
- ▶ Transformational and transactional leadership
- ▶ The importance of Emotional Intelligence (EI)

### **Day Two: Key Communication Skills of Leaders**

- ▶ Effective interpersonal communication in the leadership role
- ▶ Communicating successfully - Avoiding communication barriers
- ▶ Active listening and questioning skills
- ▶ Understanding your own personality profile
- ▶ Developing self-awareness

### **Day Three: Building and Leading Successful Teams**

- ▶ Achieving the high-performing team
- ▶ Stages of team development
- ▶ Identifying the essential factors in motivation
- ▶ The benefits and barriers to delegation
- ▶ Decision-making with teams - avoiding group think

### **Day Four: Essential Skills for Coaching**

- ▶ The Coaching Cycle (PEDICR)
- ▶ Key listening & questioning techniques for coaching & mentoring
- ▶ Introducing SOLER techniques
- ▶ Plan a coaching session & preparing a coaching plan
- ▶ Set coaching objectives which are measurable (SMART)

### **Day Five: Leading & Managing Change**

- ▶ The key drivers of change
- ▶ The difference between change management and change leadership
- ▶ Overcoming resistance to change
- ▶ Change at the individual, team and organisational level
- ▶ The five psychological phases of change and their effective management

## ▶ The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

## ▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

**Call us: [+971 4 365 8363](tel:+97143658363)**

Email: [info@anderson.ae](mailto:info@anderson.ae)

Request for a Tailor-made training and educational experience for your organization now:

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