



Certificate in Behavioural Management and Emotional Intelligence

Managing Relationships Effectively with Others

► Upcoming Sessions

27-31 Jan 2025	Online	\$3,950
02-06 Jun 2025	Online	\$3,950

► Training Details

Online Training Course Overview

Have you ever aspired to become not just a happier individual but also a more influential leader? In this engaging Anderson online training session, you'll delve into the art and science of self-management and team leadership. Explore the latest scientific findings on emotional management and its impact on effective leadership.

Leaders who can empathize and connect with their team members foster environments conducive to achieving organizational goals and enhancing productivity.

This Anderson online course will cover:

- Insights into emotional intelligence
- Significance of behavioral management
- Conflict resolution strategies
- Essential leadership skills for workplace success
- Techniques for managing workplace pressures

Online Training Course Objectives

By attending this Anderson online training course, delegates will be able to:

- Identify your personal behavioral style
- Develop an awareness of others' behavioral patterns
- Recognize the benefits of emotional intelligence
- Discover how to manage your emotions
- Identify techniques for dealing with difficult behaviors

Designed for

This Anderson online training course is suitable for:

- Individuals in leadership roles
- Individuals being groomed for leadership
- Individuals working together in teams
- Any person actively involved in interacting with others
- Any person interested to learn more about behavioral patterns

Online Training Course Outline

Among a range of valuable topics the following will be given high priority:

- ▶ Intrapersonal and Interpersonal skills
- ▶ Your emotional intelligence style
- ▶ Emotional intelligence for behavioral management
- ▶ Getting organized for peak performance
- ▶ The power of behavioral change
- ▶ Preventing conflict problems
- ▶ Stages of human development
- ▶ Develop self-esteem
- ▶ Causes of workplace pressure
- ▶ Coping with stress

▶ Preview

10:30 - 11:00	:	Welcome, Setup, Registration
11:00 - 12:30	:	First Session
12:30 - 12:45	:	Break (15 minutes)
12:45 - 14:15	:	Second Session
14:15 - 14:30	:	Break (15 minutes)
14:30 - 16:00	:	Third Session

▶ The Certificate

An Anderson e-Certificate of Completion will be provided to delegates who attend and complete the course

▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae

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