



Cognitive Skills to Improve Personal and Project Team Performance

Upcoming Sessions

23-27 Sep 2024	Online	\$3,950
07-11 Jul 2025	Online	\$3,950
22-26 Sep 2025	Online	\$3,950

Training Details

Online Training Course Overview

When did you last think about thinking? It's true that we all do it instinctively and there is a common understanding that we will self-acquire these skills from our own experiences. This situation may be greatly enhanced by taking time to study thinking skills. Widening our approach will help to avoid being constrained by 'status quo' thinking patterns. Sometimes, when working under pressure, there seems little time to apply thinking before we must act. This Anderson online training course will introduce techniques for thinking creatively as well as critically and to be able to make decisions with clarity when faced with challenging situations.

Online Training Course Objectives

By attending this Anderson online training course, delegates will be able to:

- ► Apply tools to critically evaluate alternatives in a problem-solving process
- ► Engage teams effectively in the thinking process to achieve results faster
- ▶ Utilise visualisation techniques to expand horizons in defining the causes of problems
- ► Realise conclusions which are soundly underpinned by a thinking process
- ▶ Identify potential risks which may result from the decision-making process

Designed For

This Anderson online training course is suitable for a wide range of professionals, but will greatly benefit:

- ► Senior Executive Managers
- ► Department Heads
- ► Operational Managers
- Technical Managers and Supervisors
- ► Planning Department Managers and Senior staff
- ► Team Leaders
- Business Development Managers

Online Training Course Outline

The Anderson online training course will cover a wide range of relevant and

valuable topics, the following will be prioritised:

- Creativity and innovation in producing business solutions
- ► Using the critical thinking process to gather information
- ► Diagnosing, evaluating and interpreting information
- Critically evaluate alternatives using different tools
- ► Bottom up, top down logic: inductive and deductive reasoning
- Convergent and divergent thinking systems
- Mind mapping tools to boost team creativity
- Decision making tools to rationalise effective outcomes
- Planning to implement decisions effectively
- ► Thinking in teams to reduce the risk of failure

Preview

10:30 - 11:00 : Welcome, Setup, Registration

 11:00 - 12:30
 :
 First Session

 12:30 - 12:45
 :
 Break (15 minutes)

 12:45 - 14:15
 :
 Second Session

 14:15 - 14:30
 :
 Break (15 minutes)

 14:30 - 16:00
 :
 Third Session

▶ The Certificate

An Anderson e-Certificate will be provided to delegates who attend and complete the online training course

INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae



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