



Effective People Skills

Achieving Superior Interpersonal Effectiveness

► Upcoming Sessions

14-18 Oct 2024	Online	\$3,950
20-24 Jan 2025	Online	\$3,950
13-17 Oct 2025	Online	\$3,950

► Training Details

Online Training Course Overview

Welcome to this transformative Anderson training course in personal development! Harvard University emphasizes that 85% of our satisfaction and joy stems from our ability to build meaningful relationships with others, with only 15% attributed to achievements and positions. The latest research from Fortune 500 Companies echoes this sentiment, underscoring the critical importance of interpersonal skills in achieving success.

This impactful training course focuses on cultivating self-confidence, enhancing relationship-building with key stakeholders, and refining communication skills to accelerate career growth. In today's professional landscape, personal success hinges more than ever on interpersonal effectiveness—collaborating effectively with others to achieve goals. Effective People Skills equips you with a robust toolkit of methods and strategies to harness the full benefits of interpersonal excellence.

Online Training Course Objectives

By attending this Anderson online training course, delegates will be able to know:

- How to use dynamic interpersonal relationship skills
- How to self-coach yourself, and release your incredible potential
- How to understand why your self-image affects everything you do
- How to motivate yourself and build a positive team
- How to develop a powerful, proactive action plan, for your life

Designed For

This powerful, people developing Anderson online training course is a career builder, for all current leaders, and those being groomed for future leadership positions. This training course is suitable to a wide range of professionals but will greatly benefit:

- Professionals who would like to improve their self-management and personal effectiveness
- Managers / leaders who would like to improve their interpersonal relationships, communications and people building skills
- Individuals who want to develop and sharpen, their personal communication skills

Online Training Course Outline

Besides a wide, and in-depth coverage of topics, the following are the major

highlights:

- ▶ Know why your self-image will determine your success or failure in life
- ▶ Understanding the latest research on interpersonal relationship skills
- ▶ How to self-coach yourself to maximize your incredible potential
- ▶ Learn how to reprogramme your subconscious mind for success
- ▶ How to communicate effectively, both verbally and non-verbally
- ▶ How to practice vital and effective listening skills
- ▶ How to prepare and deliver great presentations
- ▶ How to build a high performance team
- ▶ Knowing how to motivate yourself and others
- ▶ How to practice and engage in proactive, positive leadership

▶ Preview

10:30 - 11:00	:	Welcome, Setup, Registration
11:00 - 12:30	:	First Session
12:30 - 12:45	:	Break (15 minutes)
12:45 - 14:15	:	Second Session
14:15 - 14:30	:	Break (15 minutes)
14:30 - 16:00	:	Third Session

▶ The Certificate

An Anderson e-Certificate will be provided to delegates who attend and complete the online training course

▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae

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