5 Days

Building an Agile Mindset and Being Agile in the Workplace

Achieving Effective Results With An Agile Mindset

▶ Upcoming Sessions

19-23 Aug 2024	Online	$3,950
28 Oct-01 Nov 2024	Online	$3,950
09-13 Dec 2024	Online	$3,950
20-24 Jan 2025	Online	$3,950
26-30 May 2025	Online	$3,950
27-31 Oct 2025	Online	$3,950
08-12 Dec 2025	Online	$3,950

▶ Training Details

Online Training Course Overview

"In an era where change is the only constant, we often find ourselves grappling with the pressures of navigating a disruptive workplace culture characterized by cost-cutting measures and resource scarcity becoming the new norm. Balancing personal and professional demands amidst conflicting priorities and striving to maintain a work-life equilibrium pose significant challenges. The journey is fraught with setbacks, negative feedback, and project delays, making it difficult to sustain motivation. Meanwhile, the competitive landscape intensifies with heightened expectations from internal stakeholders and customers, demanding elevated quality and swifter turn-around times.

Amidst this dynamic backdrop, our esteemed Anderson training course offers invaluable support in fostering a transformative shift in mindset and attitude. Equipping you with proactive task management skills, we facilitate the attainment of deadlines and team objectives. Our aim is to ignite inspiration and motivation, fostering the cultivation of positive relationships while promoting a continuous pursuit of learning and skill enhancement. Together, these efforts foster career satisfaction, active engagement, and sustainable success."

Online Training Course Objectives

By the end of this Anderson online training course, you will be able to:

- Understand the agile mindset and how it is used to grow
- Apply agile behaviours in your everyday tasks
- Identify your own weaknesses and to use feedback for personal transformation
- Effectively utilize the tools to inform and influence organizational agility
- Identify key stakeholders and how to build relationships that support agility
- Motivate and engage employees to face challenges with positivity and dedication

Designed For

This Anderson online training course is suitable to a wide range of professionals but will greatly benefit:

- Professionals who wants to improve cross-functional collaboration
- Department heads, supervisors and managers leading others
- Professionals who have an interest in a leadership position
- Anyone who wants to achieve personal growth and learn new skills
- Decision makers who manage challenging tasks and strict deadlines
- Professionals who want to gain a competitive advantage in their career or industry

Learning Methods

To enhance learning we utilize proven adult learning technology and methods that will result in maximum retention and application. This includes interactive and experiential learning activities, presentations, discussion, assessments, videos, team practice exercises and case studies.

▶ Training Details

Day One: Agility as a Concept

- Definition of "agility"
- Definition of a "mindset"
- The difference between being agile and doing agile
- The history of doing agile
- The benefits of being agile

Day Two: Personal Agility

- How agile are you
- What are your core beliefs?
- Characteristics of a fixed mindset
- Characteristics of a growth mindset
- Practical examples, case studies and role-play

Day Three: Organisational Agility – Part I

- What is an agile organisation?
- What is holding organisations back
- What are the risks of being agile?
- The path to organizational agility
- Practical examples, case studies and brain storming

Day Four: Organisational Agility – Part II

- Different ways in which to be agile
- Identifying opportunities for organizational growth
- How and why traditional projects fail
- Organisational barriers and how to overcome them
- How can agile behaviours be demonstrated
- Practical examples, case studies and brain storming

Day Five: Be an Agile Leader

- Raising self-awareness: analyze past behaviours
- What is holding you back
- How do you break through?
- Characteristics of an agile leader
- Personal development plan
- Being part of the agile movement

▶ Preview

10:30 - 11:00	:	Welcome, Setup, Registration
11:00 – 12:30	**:**	**First Session**
12:30 – 12:45	:	Break (15 minutes)
12:45 – 14:15	**:**	**Second Session**
14:15 – 14:30	:	Break (15 minutes)
14:30 – 16:00	**:**	**Third Session**

▶ The Certificate

An Anderson e-Certificate will be provided to delegates who attend and complete the online training course

▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae

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