



Disruptive Coaching for Game Changing Results in a VUCA World

► Upcoming Sessions

26-30 Aug 2024	Istanbul - Turkey	\$5,950
16-20 Dec 2024	Dubai - UAE	\$5,950
21-25 Apr 2025	London - UK	\$5,950
25-29 Aug 2025	Istanbul - Turkey	\$5,950
15-19 Dec 2025	Dubai - UAE	\$5,950

► Training Details

TRAINING COURSE OVERVIEW

The world is undergoing significant change, propelled by the advent of the 4th Industrial Revolution—AI, robotics, virtual workplaces, and disruptive technologies challenge industries worldwide. As a manager or leader, mastering the skills to navigate and coach through this disruption is crucial. VUCA (Volatility, Uncertainty, Complexity, Ambiguity) defines the new normal in today's global landscape.

An effective coaching program in this disruptive era integrates diverse techniques such as communication skills, counseling methods, understanding human psychological processes, and fostering human development. This Anderson training course introduces participants to the essential skills of Workplace Coaching tailored for achieving transformative results in a VUCA world.

This training course will feature:

- An understanding of the key components of VUCA
- The fundamentals of Disruptive Innovation (DI)
- Motivational workplace coaching techniques
- Effective communication skills required for effective coaching
- How to use motivational coaching with any employee

TRAINING COURSE OBJECTIVES

By the end of this training course, participants will be able to:

- Understand the impact of VUCA in today's world
- Critically analyse the VUCA principles
- Describe the fundamentals of innovation
- Demonstrate advanced coaching skills
- Utilize motivational coaching techniques in the workplace

DESIGNED FOR

This Anderson training course is suitable to a wide range of professionals but will greatly benefit:

- ▶ Any professional who needs to develop their skills in coaching others
- ▶ All Managers, Supervisors, Team Leaders, and Section Heads
- ▶ Senior Managers in government or the private sector
- ▶ Marketing & PR Specialists
- ▶ Human Resource (HR) Professionals
- ▶ Learning and Development professionals

LEARNING METHODS

This Anderson training course will utilise a variety of proven adult learning techniques to ensure maximum understanding, comprehension, and retention of the information presented. This includes stimulating presentations supporting each of the topics together with interactive trainer lead sessions of discussion. There will be practical sessions where participants can practice and experience course-related activities.

Realistic and fun exercises, short video presentations, small group work, and case studies, will be used to facilitate learning. Role plays, and interactive exercises will be used throughout the course.

▶ Training Details

Day One: VUCA and the Modern World

- ▶ Traditional Leadership styles vs. VUCA Leadership
- ▶ Volatility to Vision
- ▶ Uncertainty to Understanding
- ▶ Complexity to Clarity
- ▶ Ambiguity to Agility

Day Two: Disruptive Innovation (DI)

- ▶ The techniques and challenges of innovation
- ▶ Disruptive technology and disruptive innovation
- ▶ Culture and Innovation
- ▶ Creating a workplace culture that supports innovation
- ▶ Creative thinking and innovation

Day Three: Coaching Foundation

- ▶ Understanding human development
- ▶ Distinguishing between coaching and other interventions
- ▶ Establishing the Coaching Agreement
- ▶ Key Coaching Skills (diagnostic, techniques, qualities, model)
- ▶ Coaching Procedures Assessment Questionnaire

Day Four: Advanced Communication for Effective Coaching

- ▶ Understanding your personal communication style
- ▶ Active listening; Questioning techniques
- ▶ Direct Communication; SOLER Model for Coaching
- ▶ Language - verbal and non-verbal
- ▶ Giving Effective Feedback with Emotional Intelligence (EI)

Day Five: Co-Creating the Relationship

- ▶ Coaching Presence; The Coaching Cycle
- ▶ Preparation, Explanation, Demonstration, and Imitation
- ▶ Consolidation and Review in the Cycle (PEDICR)
- ▶ Planning a coaching session
- ▶ Personal action planning

▶ The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

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