

# **Building My Leadership Philosophy**

The Ten Leadership Styles

## **▶** Upcoming Sessions

02-06 Sep 2024	Houston - USA	\$6,950
21-25 Oct 2024	London - UK	\$5,950
16-20 Dec 2024	Amsterdam - The Netherlands	\$5,950
30 Jun-04 Jul 2025	Dubai - UAE	\$5,950
01-05 Sep 2025	Houston - USA	\$6,950
20-24 Oct 2025	London - UK	\$5,950
15-19 Dec 2025	Amsterdam - The Netherlands	\$5,950

## ▶ Training Details

#### Why Choose this Training Course?

"As Kurt Lewin, the founder of social psychology, famously remarked, 'There's nothing so practical as a good theory.' However, the realm of Leadership theory seems boundless. Why is this?

The proliferation of theories stems from varying perspectives on leadership, divergent descriptions thereof, and perhaps most significantly, the dynamic nature of leadership itself. Leadership defies exact science; no two situations are identical across diverse circumstances. Hence, today's leaders must draw from the wisdom and experiences of their predecessors. The ability to amalgamate different theories or components thereof aids in discerning which approaches yield optimal results and which ones to discard.

Many theories share common elements that can be adapted to address evolving leadership challenges. Practitioners must acknowledge that what worked in one industry, at a specific time, under a particular leader may not hold true today. Therefore, they must sift through theories, test their applicability, and tailor them to suit their professional contexts.

Hence, our 5-day training course, 'Building my Leadership Philosophy,' offers a comprehensive overview of the most prevalent and impactful leadership theories. Grounded in the belief that exceptional leadership is fundamental to organizational success and longevity, this course equips participants with the tools to become outstanding leaders.

#### Key features of this training course include:

- ► Examination and elucidation of ten prominent leadership theories
- ► Delving into their historical context, background, and practical application
- ► Identifying positive outcomes and potential impacts
- ► Case studies, scenarios, and exercises to reinforce understanding and confidence."

#### What are the Goals?

#### By the end of this training course, participants will be able to:

- ► Apply practical and empowering techniques that will engage those you lead
- ► Appraise, contrast and understand the different leadership styles
- Develop their own leadership style and understand how that may impact on others
- ► Articulate the role leadership in one's organisational sector
- ► Harness the power of vision and influence to impact efficiency

#### Who is this Training Course for?

# This training course is suitable to wide range of professionals, but will greatly benefit:

- Existing leaders and managers seeking to rejuvenate their practice
- ► Management professional seeking leadership roles
- High potential and future leaders
- ► Leaders and managers implementing change programmes
- ► Technical professionals undertaking managerial/leadership positions

#### **How will this Training Course be Presented?**

This training course will utilise a variety of proven adult learning techniques to ensure maximum understanding, comprehension and retention of the information presented. This includes a combination of presentations, group exercises, videos and class discussions in order to examine in an in-depth fashion all the elements of the course content. The emphasis will be on creating an in-depth appreciation and understanding of the theories of leadership. Activities, hands-on interactions, group participation, videos, and case studies are used to highlight concepts taught and allow participants to develop their own personal brand of leadership.

### Training Details

#### Day One: Early Leadership and Rise of Trait Theory

- ► Early Leadership history
- ► Values, beliefs and development of early leadership
- ► The rise and fall of Trait Theory
- The 'pros' and 'cons' of Trait Theory
- ► The re-emergence of Trait Theory and its relevance today
- Case Studies, scenarios and practical exercises

# Day Two: Behavioural, Style, Situational and Contingency Theory

- ► Behaviour and Style concepts of leadership
- Learning how to become a leader
- ► How Situational & Contingence theories developed
- ► The style of action based upon situational variables
- ► The action based upon the follower's style and variables
- ► Case Studies, scenarios and practical exercises

#### Day Three: Functional and Integrated Psychological Theory

- Functional behaviours that contribute to organizational effectiveness
- Efficient vs. Effective leadership
- Influencing your organization with strict moral codes
- ► Ethical & Moral Leadership
- Psychological theory, using the old and adding "leadership presence"
- Case Studies, scenarios and practical exercises

# Day Four: Transactional, Transformational and Leader-Member Exchange Theory

- ► The Transactional leader who holds power and control over employees
- ► Rewards and punishments
- ► Transformational style that can inspire positive changes
- ► Improving process and leading innovation
- ► Leader-Member relationship between leaders and followers
- ► Case Studies, scenarios and practical exercises

### **Day Five: Emotions Intelligence and Neo-Emergent Theory**

- ► Recognize their own emotions and those of others
- ► Adapting to environments to achieve one's goal
- ► Emotional intelligence for good interpersonal communication
- ► Neo-Emergent style based on creating a collaborative culture
- ► Dramatically increasing innovation and profit
- ► Case Studies, scenarios and practical exercises

#### ▶ The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

#### INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae



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