



Leading Yourself and Others to Achieve Outstanding Results

## Upcoming Sessions

26-30 Aug 2024	Online	\$3,950
14-18 Oct 2024	Online	\$3,950
02-06 Dec 2024	Online	\$3,950
07-11 Apr 2025	Online	\$3,950
25-29 Aug 2025	Online	\$3,950
13-17 Oct 2025	Online	\$3,950
08-12 Dec 2025	Online	\$3,950

## ▶ Training Details

## **Online Training Course Overview**

Distinguished from conventional team or departmental leadership, breakthrough leadership entails surmounting obstacles, charting new territories, and pushing the boundaries of what's achievable in a daring and inventive manner. Yet, breakthrough leaders recognize the indispensability of collaborative efforts; they understand that achieving remarkable feats hinges on capable, highly motivated employees empowered to deliver exceptional results.

Geared towards individuals aspiring to embody authentic breakthrough leadership, this intensive 5-day online training course is designed to propel participants beyond their comfort zones, compelling them to deeply reconsider their leadership approach.

#### Key elements of this Anderson online training course include:

- ► Assessing your individual leadership psychology to leverage your unique strengths
- ► Harnessing the psychology of integrity and courage to foster genuine leadership
- ► Cultivating empowered, engaged, and proficient teams
- ► Inspiring laser-focused performance from your direct reports
- Applying breakthrough coaching and mentoring principles to propel growth and development

## **Online Training Course Objectives**

### By the end of this Anderson online training course, participants will be able to:

- Understand the four fundamental leadership personalities
- ► Translate the 'new' and the 'uncomfortable' into opportunities for growth
- ► Take their teams to remarkable levels of growth and performance
- Apply cutting-edge performance management techniques

Confidently lead people through times of change and uncertainty

## **Designed for**

## This Anderson online training course is suitable to a wide range of professionals but will greatly benefit:

- Senior Managers eager to develop their 'leadership edge'
- ► Mid-Level leaders
- ► First Level Managers keen to make an early impact
- ► Departmental and Divisional Managers / Leaders
- ► Individuals about to be promoted into a mid- or senior level leadership role

### **Learning Methods**

This Anderson online training course will utilise a variety of proven adult learning techniques to ensure maximum understanding, comprehension and retention of the information presented. It utilises a blended learning approach and employs a variety of approaches such as action learning, group discussions, video case studies and self-reflection exercises. The resulting variety helps delegates to stay engaged throughout the course, feel challenged and draw quick wins for their own development.

## **▶** Training Details

## **Day One: Leaving Your Comfort Zone**

- ► The profound impact of managers and leaders
- ► The secrets of breakthrough leadership: courage, integrity and persistence
- ► Re-negotiating the playing field: are you enabled to deliver break-throughs?
- Leading versus managing
- ► Intentional Leadership the hallmark of the most effective leaders
- The science and psychology of leadership

## **Day Two: The Emotionally Astute Leader**

- Leading with emotional intelligence
- ► The link between emotional states and high workplace performance
- Creating an empowering vision
- How to give effective feedback
- Strategic conflict resolution
- ► Dislodging entrenched disagreements

## **Day Three: Building High-Calibre Teams**

- ► Reading and Shaping Team Dynamics
- ► Positioning your team on the 'Performance Curve'
- ► Creating a high-performance team climate
- ► Fostering a Growth Mindset
- ► Classic Motivational Approaches
- Influencing your team and other stakeholders

#### Day Four: Eliciting Laser-Focused Performance

- ► The art of coaching for break-through performance
- Applying coaching strategies for success
- Using questioning techniques
- ► Active versus reactive listening
- ► 21<sup>st</sup> Century performance development
- ► Building trust as a foundation for high performance

# Day Five: Generating Genuine Breakthroughs (Influencing / Problem Solving)

- Stakeholder Management
- ► Creative versus Critical Thinking

- ► Identifying obstacles and challenges
- ► Generating breakthrough solutions
- ► Action planning: intention versus commitment

## ▶ The Certificate

Anderson e-Certificate of Completion will be provided to delegates who attend and complete the online course

## ► INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae



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