



Developing the Skills and Mindset of a Powerful Leader

## Upcoming Sessions

20-24 May 2024	Paris - France	\$5,950
15-19 Jul 2024	London - UK	\$5,950
09-13 Sep 2024	Istanbul - Turkey	\$5,950
04-08 Nov 2024	Dubai - UAE	\$5,950
07-11 Apr 2025	Dubai - UAE	\$5,950
19-23 May 2025	Paris - France	\$5,950

# ► Training Details

## **Training Course Overview**

This Anderson training course provides delegates with an in-depth understanding of the skills, qualities and best practices required to become an effective leader. Transitioning into a leadership role can be daunting and many may lack the confidence to take the next step. Delegates attending this Anderson training course will go away feeling more confident and empowered in their role as a leader. It will give delegates, who are transitioning into a leadership role, a clear framework for developing their skills as a leader and fulfilling their leadership potential.

#### **Training Course Objectives**

By attending this Anderson training course, delegates will have a greater understanding and awareness of the following:

- ► Critical leadership transitions
- ► Making the step from peer to leader
- ► Building your presence as a Leader
- Understanding of what it takes to lead others
- ► Key leadership behaviours that are in line with the organisation's core values

#### **Designed For**

This Anderson training course is suitable to a wide range of professionals but will greatly benefit:

- ▶ Newly promoted leaders that have recently transitioned into a leadership role
- Individuals identified as "high potential"
- Existing Managers and Leaders who are looking to take the step into a more strategic Leadership role

## Training Details

## Day One: Developing You as a Leader

- ► Effective leadership, adapting styles to meet the needs of those they will manage
- Making the transition from peer to leader
- Leadership behaviours
- ► The skills and qualities of an effective leader
- Understanding, establishing and maintaining authority
- ► Business awareness, understanding the 'Bigger Picture'

## **Day Two: Leading Others**

- Motivating the team and gaining commitment to objectives and targets, providing feedback and support
- ► Motivation from an organisation, leadership and individual perspective
- Setting SMART objectives and performance standards
- ► How to plan activities to meet organisational requirements
- Delegating, problem solving and decision making

### **Day Three: Effective Working Relationships**

- ► Formal and informal working relationships
- ► Internal and external contacts and relationships
- ► Working with teams across the organisation
- ► Emotional Intelligence
- ► Building relationships with stakeholders
- How our behaviours impact on others and how to act positively to demonstrate trust and respect for individuals

# Day Four: Developing Personal Presentation and Communication Skills

- ► How to prepare, deliver and answer questions about a presentation
- ► Three keys to effective speaking:
  - ► Thorough preparation
  - Good delivery
  - Overcoming nervousness
- Skills of giving feedback to the team and management
- ► Communicating effectively with all stakeholders, internal and external to the organisation

### Day Five: Building Confidence as a Leader

- Recognise own personal strengths and weaknesses as a leader and learn from experience whilst planning personal development to improve own performance and leadership skills
- ► How to build resilience and manage stress
- ► Three Sources of Resilience Model
- ▶ Building a strong support network
- Personal Development and Action Planning

#### The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

#### INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae



P.O Box 74589, Dubai, United Arab Emirates

Web: www.anderson.ae Email: info@anderson.ae Phone: +971 4 365 8363 Fax: +971 4 360 4759 © 2024. Material published by Anderson shown here is copyrighted.

All rights reserved. Any unauthorized copying, distribution, use, dissemination, downloading, storing (in any medium), transmission, reproduction or reliance in whole or any part of this course outline is prohibited and will constitute an infringement of copyright.