

5 Days

Mini MBA: Women in Leadership

Unleashing the Power, Potential & Positivity of Women in the Workplace

Upcoming Sessions

15-19 Apr 2024	Madrid - Spain	$5,950
20-24 May 2024	Dubai - UAE	$5,950
01-05 Jul 2024	Dubai - UAE	$5,950
07-11 Oct 2024	London - UK	$3,950
04-08 Nov 2024	Dubai - UAE	$5,950
10-14 Feb 2025	Dubai - UAE	$5,950

Training Details

Training Course Overview

Do you have what it takes to be a woman leader in the 21st Century? In the 20th century, women worked extra hard to make it in a ‘man’s world’. Now the world is recognizing that women are actually better suited to lead in the new economic realities. Strengths such as intuition, emotional intelligence, creativity, team work and big picture thinking are exactly what the highly competitive, highly changeable market place requires. This is great news for women, because these are their natural strengths. However, there are also common weakness that can hold women back from fulfilling their leadership potential and claiming their own power in the workplace.

This inspiring and innovative Anderson training course will enable you to know yourself, trust yourself, and empower yourself to take the lead and build a career, a team and a life that you can be proud of. Additionally this course will provide an 'MBA level' experience in terms of content, instruction, discussion, and team exercises.

Training Course Objectives

By attending this Anderson training course, delegates will be able to:

- Learn how to manage yourself, tasks and other people, as well as balancing personal and team goals, and personal and work life
- Gain know-how and practice in communicating more clearly, concisely and confidently in all situations with seniors, peers, subordinates and customers
- Learn how to organise, empower and motivate yourself and your team to turn obstacles into opportunities, and create ongoing success
- Break through inner and outer resistance with confidence, professionalism and wisdom
- Recognise your own leadership strengths and weaknesses and avoid common leadership traps for women at work

Designed For

This training course is designed for aspiring and developing women leaders who wantt to further their career and personal development.

This Anderson training course is suitable to a wide range of professionals but will greatly benefit women who are:

- All managers and leaders who wish to develop their leadership competencies
- Business owners who need to boost their confidence and competence in achieving results through others
- New team leaders, office managers and supervisors who are responsible for managing and leading teams
- All Human Resources (HR) personnel
- Experienced leaders seeking knowledge and motivation to further their influence and impact at work
- Community leaders wishing to clarify their purpose, vision and mission and know how to achieve it through working with others

Training Details

Day One: The Changing Role of Women at Work

- Recognising your value and your leadership gifts as a woman leader
- Learning from role models of successful women at work
- Examining leadership styles and their effectiveness
- Understanding and clarifying purpose, vision and mission and values
- Recognising and avoiding common mistakes new leaders make
- Overcoming glass ceilings and creating a support network

Day Two: Self Managing Leadership

- Managing your roles, responsibilities, relationships and resources
- Building positive self-image and self-worth
- Establishing empowering beliefs
- Increasing Self-Awareness and Emotional Intelligence at work
- Creating a balanced lifestyle to support your success

Day Three: Essential Communication Skills for Women at Work

- Delivering a clear, confident public presentation
- Practicing assertive communication in every situations
- Adapting communication for gender differences
- Giving directions, delegation and feedback
- Influencing others to create positive change
- Handling competition, jealousy and political manoeuvring

Day Four: Team Leadership in Times of Change

- Creating a happy and productive team
- Team leadership in a multi-cultural, multi-gender team
- Develop team charters to help focus the team
- Overcoming resistance to change
- Managing conflict through win-win thinking
- Leading productive, energised and creative meetings

Day Five: Tool Box for the Creative Leader

- Logical and Intuitive Decision Making Tools
- Mind Mapping for creativity, planning and problem solving
- Encourage creativity and innovation in a team
- Problem Solving and creativity techniques
- Where to go next – continuing learning strategies

The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae

Anderson
Executive Development Centre

P.O Box 74589, Dubai, United Arab Emirates
Web: www.anderson.ae
Email: info@anderson.ae
Phone: +971 4 365 8363
Fax: +971 4 360 4759

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