

5 Days

The Happy Workplace Leadership Programme

Dynamic Interpersonal Strategies for Success

Upcoming Sessions

29 Apr-03 May 2024	Dubai - UAE	$5,950
05-09 Aug 2024	London - UK	$5,950
18-22 Nov 2024	London - UK	$5,950

Training Details

Training Course Overview

Welcome to this dynamic, life-changing training course! If you desire to be at the cutting edge of the latest Leadership Skills and strategies, and are choosing to empower, inspire and motivate yourself into the top professional zone, then this training course is for you! Aldous Huxley, the famous English writer and philosopher, said “There is only one corner of the universe you can be certain of improving, and that is your own self!”

This Anderson training course, “The Happy Workplace Leadership programme”, has been especially designed to empower your own self, through the latest transformational dynamics of the mind, attitude and motivation. It is a very highly interactive course and will help you focus on the areas of your job in which successful interpersonal interaction with others is key, and at the same time show you how you can develop powerful mind and motivation strategies, which are necessary in improving your people skills, as well as achieve effective leadership skills.

This Anderson training course will feature:

- Dynamics that will turbo-charge your personal and business life
- Identifying the significance of interpersonal relationship skills
- How to develop a self-coaching motivation programme
- How to introduce attitudinal mindset changes that will motivate your life to an exciting new level
- The latest studies on how to reprogramme the subconscious mind
- How to inspire, equip and motivate others into a success, peak performance life style

Training Course Objectives

By attending this Anderson training course, delegates will be able to:

- Identify the power of mind choices, decisions and actions
- Show how attitude and interpersonal relationships affect every area of our lives
- Develop specific life management skills
- Know how to motivate yourself and others
- Develop pro-active motivation as a way of life

Designed for

Ideally suited for executives of all levels, human resource personnel, and professionals who

intend to lead from the top and who are required to bring positive change and transition into their companies.

This Anderson training course is suitable to wide range of professionals, but will greatly benefit:

- Individuals with real dynamic leadership potential
- Individuals being groomed for top quality leadership
- Individuals who have proved great leadership abilities
- Individuals who can train others
- Individuals who want to sharpen his inspirational, creative leadership

Training Details

Day One: Developing the Inner Person Leadership Dynamics

- Developing the inner person
- Interpersonal relationship skills dynamics
- Coaching for self-happiness
- How to reset your subconscious mind?
- The attributes of a successful leader

Day Two: Empowerment through an Emotionally Intelligent Self Image

- What is an emotionally intelligent self-image
- Understanding the mind body communication connection and impact
- How to develop a positive self-image
- How to apply the principle of positive replacement
- Find out why enthusiasm is so important

Day Three: Communication Strategies

- Identify the real meaning of successful communication
- Understanding the 3 major levels of Communication
- Relate to the different ‘fields of experience' in communication
- Discover the power of Non-Verbal Communication
- Four key critical factors that affect your Communication abilities

Day Four: Applying Powerful Leadership Dynamics

- What leading CEO’s focus on?
- Discover the 'leading rule' of successful interaction
- How to go beyond in your service
- Discover the No. 1 winning psychology principle
- Why appreciation is so essential

Day Five: Developing Proactive Leadership Motivation

- Why is interactive motivation so important
- Why focused goal setting will help you achieve
- Analyse the keys to motivating your staff
- Discover the Richard Branson top 10 dynamics for success
- How to develop your own plan of action

The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

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