

# Expanding your Interpersonal Attitudinal Dynamics

Professional Leadership Empowerment to Enhance your Career

# Training Details

#### **Online Training Course Overview**

Welcome! Thank you for taking this life-changing, career enhancing moment to empower your future success! You are about to enter the zone of successful, proactive high achievers! Bill Gates, the Founder of Microsoft, says "As we look ahead into the next century, leaders will be those who **empower others**!" Jack Welch, the well-known American business executive, author and former chairman and CEO of General Electric, states that, "Before you are a leader, success is all about **growing yourself**! When you become a leader, success is all about **growing others**!"

In other words, the real key to success in life, is firstly, to empower yourself within, before you can be really effective outwardly, in growing and developing others! This life-empowering Anderson online training course, is especially designed to assist you in achieving, this through understanding and applying the latest cutting edge, transformational, mind, attitude and motivational dynamics!

### **Online Training Course Objectives**

# By attending this Anderson online training course delegates will be able to:

- ► Discover the dynamics of personal empowerment
- ► Identify the significance of interpersonal relationship skills
- ► Develop a self-coaching motivation programme
- Understand attitudinal mindset changes that will motivate their life to an exciting new level!
- ► Receive the latest studies on how to reprogramme the subconscious mind.
- ► Know how to inspire, equip and motivate others into a success, peak performance life style

#### **Designed For**

# This Anderson online training course is suitable to a wide range of professionals but will greatly benefit:

- ► Individuals with real dynamic leadership potential
- ► Individuals being groomed for top quality leadership
- Individuals who have proved great leadership abilities
- Individuals who can train others
- Individuals who want to sharpen his inspirational, creative leadership

#### How will this Online Training Course be Presented?

This Anderson online training course will utilise a variety of proven online learning techniques to ensure maximum understanding, comprehension, and retention of the information presented.

## Training Details

#### Amongst a wide range of life empowering topics, the following will be prioritized:

- ► The challenge of personal mindset development
- ► How to develop a self-coaching programme
- ► How to reprogramme your subconscious mind
- ► Understanding the mind body communication connection and impact
- ► Develop and attitude of personal determination and persistence
- ► How to motivate yourself and others

These life-empowering and career expanding benefits, will enable individuals to develop the needed disciplines that help bridge the gaps between goals and accomplishment. High achievers are people who have learned to effectively manage themselves, tapping on all resources available to motivate themselves toward the fulfilment of their fullest potentials. We will look forward to meeting you at this very proactive, inspirational, and empowering online leadership course!

#### Preview

First Session : 11:00 - 12:30

1<sup>st</sup> Break : 12:30 - 12:45

Second Session: 12:45 - 14:15

2<sup>nd</sup> Break : 14:15 - 14:30

Third Session : 14:30 - 16:00

#### ▶ The Certificate

Anderson e-Certificate of Completion will be provided to delegates who attend and complete the course

#### INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae



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