



## Managing People, Change, and Engagement in the VUCA Workplace

Leadership and Management Essentials for Your Organisation

### ► Upcoming Sessions

29 Apr-03 May 2024	Dubai - UAE	\$5,950
05-09 Aug 2024	Istanbul - Turkey	\$5,950
25-29 Nov 2024	Dubai - UAE	\$5,950

### ► Training Details

#### Training Course Overview

How will the workplace and leadership change due to Covid-19? The coronavirus (COVID-19) crisis had a lasting impact on all workplaces, and things will never be the same again. Indeed, there will be lessons learnt, and those who learn from this event will be the most successful workplaces in the coming years.

This very practical Anderson training course will focus on the lessons from those who have successfully navigated the Pandemic and those who have even thrived under new ways of working. It will explore the leadership of change and strategies for any workplace to move forward into the "new-normal".

#### Training Course Objectives

**By the end of this Anderson training course, you will be able to:**

- Understand the impact of coronavirus: pros, cons, and next steps
- Identify people's responses to change and explore the reasons why people resist change
- Describe a practical model for change leadership
- Evaluate workforce strategies that put your people first
- List the main issues surrounding workplace mental health

#### Designed For

**This Anderson training course is suitable for a wide range of professionals but will greatly benefit:**

- All Leaders and Managers
- Team Leaders and Supervisors
- Human Resource (HR) Professionals
- Those responsible for crisis management, occupational health, and risk management
- Anyone who needs to understand the post-pandemic workplace

### ► Training Details

## Day One: Understanding VUCA World

- ▶ From Volatility to Vision
- ▶ From Uncertainty to Understanding
- ▶ From Complexity to Clarity
- ▶ From Ambiguity to Agility
- ▶ How to handle a crisis – what we have learnt from Covid 19

## Day Two: Leading and Managing Change

- ▶ Change at the individual, team, and organisational level
- ▶ Individual resistance to change
- ▶ The five psychological phases of change and their effective management
- ▶ Managing the change process – a step-by-step model
- ▶ Best practices in change leadership

## Day Three: Managing and Supporting Employee Mental Health

- ▶ What is mental health, and why does it matter?
- ▶ Mental health first-aid: signs, symptoms, & work performance
- ▶ The impact of crisis and trauma on people
- ▶ Developing resilience in self and employees
- ▶ Stress management essentials

## Day Four: Flexible Working and Engagement

- ▶ Work should start now for a more flexible future workplace
- ▶ Limitations and advantages of various forms of flexible working
- ▶ Online learning – what works and what doesn't
- ▶ Is the open-plan office still fit for purpose?
- ▶ Understanding and promoting employee engagement

## Day Five: Teamwork in the New Workplace

- ▶ The impact of the VUCA workplace on teams
- ▶ Managing cross-functional teams
- ▶ Is the time right for self-managed teams
- ▶ Managing remote teams
- ▶ Identify your style as a team player (PTPS)

## ▶ Accreditation



The use of this official seal confirms that this Activity has met HR Certification Institute's® (HRCI®) criteria for recertification credit pre-approval.

## ▶ The Certificate

- ▶ Anderson Certificate of Completion will be provided to delegates who attend and complete the course
- ▶ The HRCI Approved Provider Seal and the corresponding Recertification Credit Hours Awarded will be reflected on the Certificate of Completion

## ▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: [info@anderson.ae](mailto:info@anderson.ae)

Request for a Tailor-made training and educational experience for your organization now:

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