



Effective People Skills

Achieving Superior Interpersonal Effectiveness

► Upcoming Sessions

14-18 Oct 2024	Online	\$3,950
20-24 Jan 2025	Online	\$3,950

► Training Details

Online Training Course Overview

Welcome to this powerful, life-changing, personal development Anderson training course! Harvard University has stated "That 85% of all satisfaction and joy we receive as human beings, revolves around our ability to get along with others, that is, our RELATIONSHIPS with other people. Only 15% comes from our achievements, positions and earned success". They, along with the most updated research from the Fortune 500 Companies, are declaring that the people skills, the interpersonal relationship dynamics, are the major area of where success lies!

This compelling Anderson online training course teaches delegates on how to build and project a self-confident image, create better relationships with key people, and polish their communication skills to directly influence the rate that their career grows. Today more than ever, personal success comes down to interpersonal effectiveness – the capacity to work with others to get things done. Effective People Skills will arm you with a rich and powerful range of skills and methods to help you gain the full benefits of interpersonal excellence.

Online Training Course Objectives

By attending this Anderson online training course, delegates will be able to know:

- How to use dynamic interpersonal relationship skills
- How to self-coach yourself, and release your incredible potential
- How to understand why your self-image affects everything you do
- How to motivate yourself and build a positive team
- How to develop a powerful, proactive action plan, for your life

Designed For

This powerful, people developing Anderson online training course is a career builder, for all current leaders, and those being groomed for future leadership positions. This training course is suitable to a wide range of professionals but will greatly benefit:

- Professionals who would like to improve their self-management and personal effectiveness
- Managers / leaders who would like to improve their interpersonal relationships, communications and people building skills
- Individuals who want to develop and sharpen, their personal communication skills

Online Training Course Outline

Besides a wide, and in-depth coverage of topics, the following are the major

highlights:

- ▶ Know why your self-image will determine your success or failure in life
- ▶ Understanding the latest research on interpersonal relationship skills
- ▶ How to self-coach yourself to maximize your incredible potential
- ▶ Learn how to reprogramme your subconscious mind for success
- ▶ How to communicate effectively, both verbally and non-verbally
- ▶ How to practice vital and effective listening skills
- ▶ How to prepare and deliver great presentations
- ▶ How to build a high performance team
- ▶ Knowing how to motivate yourself and others
- ▶ How to practice and engage in proactive, positive leadership

▶ Preview

10:30 - 11:00	:	Welcome, Setup, Registration
11:00 - 12:30	:	First Session
12:30 - 12:45	:	Break (15 minutes)
12:45 - 14:15	:	Second Session
14:15 - 14:30	:	Break (15 minutes)
14:30 - 16:00	:	Third Session

▶ The Certificate

An Anderson e-Certificate will be provided to delegates who attend and complete the online training course

▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae

Anderson
Executive Development Centre

P.O Box 74589, Dubai, United Arab Emirates

Web: www.anderson.ae

Email: info@anderson.ae

Phone: +971 4 365 8363

Fax: +971 4 360 4759

©2024. Material published by Anderson
shown here is copyrighted.

All rights reserved. Any unauthorized copying, distribution, use, dissemination, downloading, storing (in any medium), transmission, reproduction or reliance in whole or any part of this course outline is prohibited and will constitute an infringement of copyright.