



## Building an Agile Mindset and Being Agile in the Workplace

Achieving Effective Results With An Agile Mindset

### ► Upcoming Sessions

27-31 May 2024	Online	\$3,950
01-05 Jul 2024	Online	\$3,950
19-23 Aug 2024	Online	\$3,950
28 Oct-01 Nov 2024	Online	\$3,950
09-13 Dec 2024	Online	\$3,950
20-24 Jan 2025	Online	\$3,950

### ► Training Details

#### Online Training Course Overview

The only constant is change and we often feel under pressure to keep up in this disruptive workplace where cost-cutting and scarcity of resources are the new norm. We are challenged on a personal level, as well as in our careers, to manage conflicting priorities and maintain a work-life balance. It is not always easy to stay motivated during setbacks, negative feedback and delayed projects. The competitor landscape is intense with internal stakeholders and customers demanding higher quality and quicker turn-around times.

This popular Anderson online training course will support you to develop a change in mindset and attitude to manage your tasks proactively, meet deadlines and team objectives. You will be inspired and motivated to build positive relationships and to make continuous effort to learn and improve your skills for career satisfaction, active engagement and sustainable success!

#### Online Training Course Objectives

**By the end of this Anderson online training course, you will be able to:**

- Understand the agile mindset and how it is used to grow
- Apply agile behaviours in your everyday tasks
- Identify your own weaknesses and to use feedback for personal transformation
- Effectively utilize the tools to inform and influence organizational agility
- Identify key stakeholders and how to build relationships that support agility
- Motivate and engage employees to face challenges with positivity and dedication

#### Designed For

**This Anderson online training course is suitable to a wide range of professionals but will greatly benefit:**

- ▶ Professionals who want to improve cross-functional collaboration
- ▶ Department heads, supervisors and managers leading others
- ▶ Professionals who have an interest in a leadership position
- ▶ Anyone who wants to achieve personal growth and learn new skills
- ▶ Decision makers who manage challenging tasks and strict deadlines
- ▶ Professionals who want to gain a competitive advantage in their career or industry

## Learning Methods

To enhance learning we utilize proven adult learning technology and methods that will result in maximum retention and application. This includes interactive and experiential learning activities, presentations, discussion, assessments, videos, team practice exercises and case studies.

## ▶ Training Details

### Day One: Agility as a Concept

- ▶ Definition of “agility”
- ▶ Definition of a “mindset”
- ▶ The difference between being agile and doing agile
- ▶ The history of doing agile
- ▶ The benefits of being agile

### Day Two: Personal Agility

- ▶ How agile are you
- ▶ What are your core beliefs?
- ▶ Characteristics of a fixed mindset
- ▶ Characteristics of a growth mindset
- ▶ Practical examples, case studies and role-play

### Day Three: Organisational Agility - Part I

- ▶ What is an agile organisation?
- ▶ What is holding organisations back
- ▶ What are the risks of being agile?
- ▶ The path to organizational agility
- ▶ Practical examples, case studies and brain storming

### Day Four: Organisational Agility - Part II

- ▶ Different ways in which to be agile
- ▶ Identifying opportunities for organizational growth
- ▶ How and why traditional projects fail
- ▶ Organisational barriers and how to overcome them
- ▶ How can agile behaviours be demonstrated
- ▶ Practical examples, case studies and brain storming

### Day Five: Be an Agile Leader

- ▶ Raising self-awareness: analyze past behaviours
- ▶ What is holding you back
- ▶ How do you break through?
- ▶ Characteristics of an agile leader
- ▶ Personal development plan
- ▶ Being part of the agile movement

## ▶ Preview

10:30 - 11:00	:	Welcome, Setup, Registration
<b>11:00 - 12:30</b>	:	<b>First Session</b>
12:30 - 12:45	:	Break (15 minutes)

<b>12:45 - 14:15</b>	:	<b>Second Session</b>
14:15 - 14:30	:	Break (15 minutes)
<b>14:30 - 16:00</b>	:	<b>Third Session</b>

## ► The Certificate

An Anderson e-Certificate will be provided to delegates who attend and complete the online training course

## ► INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: [info@anderson.ae](mailto:info@anderson.ae)

Request for a Tailor-made training and educational experience for your organization now:

Email: [inhouse@anderson.ae](mailto:inhouse@anderson.ae)

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