



Leading Yourself and Others to Achieve Outstanding Results

# Upcoming Sessions

26-30 Aug 2024	Online	\$3,950
14-18 Oct 2024	Online	\$3,950
02-06 Dec 2024	Online	\$3,950

# **▶** Training Details

## Online Training Course Overview

Breakthrough leadership differs from simply leading a team, department or division. It implies breaking through barriers, gaining new ground and pushing the envelope of what's possible in a bold and innovative manner. At the same time, breakthrough leaders are acutely aware that they cannot 'win big' on their own - they know it takes capable, highly motivated employees who are enabled to deliver extraordinary results.

This intensive, 5-day online training course is aimed at individuals with the ambition to become true breakthrough leaders. The programme is designed to challenge participants and take them out of their comfort zones, and it offers them the opportunity to profoundly recalibrate their approach to leading others.

#### This Anderson online training course will feature:

- Assessing your own unique leadership psychology
- Leveraging the psychology of integrity and courage
- ► Building empowered, engaged and capable teams
- Eliciting laser-focused performance from your direct reports
- ► Applying the principles of break-through coaching and mentoring

#### Online Training Course Objectives

#### By the end of this Anderson online training course, participants will be able to:

- ► Understand the four fundamental leadership personalities
- ► Translate the 'new' and the 'uncomfortable' into opportunities for growth
- ► Take their teams to remarkable levels of growth and performance
- ► Apply cutting-edge performance management techniques
- Confidently lead people through times of change and uncertainty

## **Designed for**

# This Anderson online training course is suitable to a wide range of professionals but will greatly benefit:

- ► Senior Managers eager to develop their 'leadership edge'
- Mid-Level leaders
- First Level Managers keen to make an early impact

- Departmental and Divisional Managers / Leaders
- ► Individuals about to be promoted into a mid- or senior level leadership role

# **Learning Methods**

This Anderson online training course will utilise a variety of proven adult learning techniques to ensure maximum understanding, comprehension and retention of the information presented. It utilises a blended learning approach and employs a variety of approaches such as action learning, group discussions, video case studies and self-reflection exercises. The resulting variety helps delegates to stay engaged throughout the course, feel challenged and draw quick wins for their own development.

# Training Details

# **Day One: Leaving Your Comfort Zone**

- ► The profound impact of managers and leaders
- ► The secrets of breakthrough leadership: courage, integrity and persistence
- Re-negotiating the playing field: are you enabled to deliver break-throughs?
- Leading versus managing
- ► Intentional Leadership the hallmark of the most effective leaders
- ► The science and psychology of leadership

## **Day Two: The Emotionally Astute Leader**

- ► Leading with emotional intelligence
- ► The link between emotional states and high workplace performance
- ► Creating an empowering vision
- ► How to give effective feedback
- ► Strategic conflict resolution
- ► Dislodging entrenched disagreements

#### **Day Three: Building High-Calibre Teams**

- Reading and Shaping Team Dynamics
- ► Positioning your team on the 'Performance Curve'
- Creating a high-performance team climate
- ► Fostering a Growth Mindset
- Classic Motivational Approaches
- Influencing your team and other stakeholders

# **Day Four: Eliciting Laser-Focused Performance**

- ► The art of coaching for break-through performance
- Applying coaching strategies for success
- Using questioning techniques
- ► Active versus reactive listening
- ► 21<sup>st</sup> Century performance development
- ► Building trust as a foundation for high performance

# Day Five: Generating Genuine Breakthroughs (Influencing / Problem Solving)

- ► Stakeholder Management
- ► Creative versus Critical Thinking
- ► Identifying obstacles and challenges
- Generating breakthrough solutions
- Action planning: intention versus commitment

## ▶ The Certificate

Anderson e-Certificate of Completion will be provided to delegates who attend and complete the online course

# ► INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae



P.O Box 74589, Dubai, United Arab Emirates

Web: www.anderson.ae Email: info@anderson.ae Phone: +971 4 365 8363 Fax: +971 4 360 4759 © 2024. Material published by Anderson shown here is copyrighted.

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