



The 360° Leader

Achieving Leadership Excellence through Team Collaboration

► Upcoming Sessions

27-31 May 2024	Dubai - UAE	\$5,950
12-16 Aug 2024	Houston - USA	\$6,950
07-11 Oct 2024	Lisbon - Portugal	\$5,950
25-29 Nov 2024	London - UK	\$5,950
17-21 Feb 2025	Barcelona - Spain	\$5,950

► Training Details

Training Course Overview

Emotional competences, which influence and facilitates cohesive team, effective collaboration and work productivity are essential leadership quality in a multicultural work environment today. The most effective leaders all have one thing in common, a high degree emotional intelligence. The ability to provide and receive feedback for improvement and inspire growth is the sine qua non of leadership.

This Anderson training course provides you with the science of mastering your own emotions, developing personal effectiveness and building human relations skills. By cultivating the 360 leadership skills, you will have a good grasp on the dynamics of a high performance team, lead and inspire team members to fulfill the vision and objectives of the organization.

Training Course Objectives

By attending this Anderson training course, delegates will be able to:

- Apply self-awareness for personal success in leadership
- Use skills to obtain a 360° feedback on their personality strengths and weaknesses
- Apply key concepts in the practice of emotional intelligence
- Build working relationships with others in the workplace by controlling anger and emotions
- Demonstrate emotionally intelligent leadership for handling crisis and change

Designed For

This Anderson training course is designed for a wide range of professionals but will greatly benefit:

- Any person actively involved in interacting with others and involved with managing others in a supervisory role
- Individuals being groomed for leadership
- Individuals who have proved greater leadership abilities
- Individuals with real leadership responsibility

► Training Details

Day One: Understanding Emotional Excellence

- What is IQ, EQ and Emotional Excellence
- Developing self-awareness through personality assessment
- What should you do less?
- What should you do more?
- Applying 360 feedback to develop our emotional intelligence
- Developing an emotionally excellent team

Day Two: Emotional Intelligence for Relationship Building

- Your areas of growth as perceived by others
- Your leadership strengths as perceived by others
- Receiving 360 feedback from the supervisor
- How others perceive you when handling change in the workplace
- Developing emotionally healthy working relationships
- Fostering synergy in the team

Day Three: Leading With Emotional Intelligence During Crisis

- Assertiveness to express feelings
- Receiving 360 feedback from subordinates
- Confronting problem employees
- Leading others during sudden changes
- Balancing work and family while under pressure
- Applying choice theory to enhance eustress

Day Four: Leading Change with Emotional Intelligence

- Improving interpersonal communication
- Receiving 360 feedback from peers
- Managing stress in times of change
- Removing blocks to creativity in times of change
- Supporting team members in times of change
- Transforming blocks to opportunities

Day Five: People Building for an Emotionally Intelligent Workplace

- What is empowerment
- Empowering employees to achieve shared vision
- Characteristics of an empowered leader
- Motivating employees for success
- Leadership excellence for achieving breakthroughs
- Developing a personal action plan

► The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

► INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

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Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

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