5 Days

Team Optimization: Leading Healthy & Productive Teams at the Workplace

Effective Team Development & Employee Well-Being

▶ Upcoming Sessions

01-05 Jul 2024	Dubai - UAE	$5,950
04-08 Nov 2024	Dubai - UAE	$5,950
10-14 Feb 2025	Dubai - UAE	$5,950

▶ Training Details

Why Choose this Training Course?

In today's fast-paced and interconnected work environment, the ability to lead healthy and productive teams is more critical than ever. **"Team Optimization: Leading Healthy & Productive Teams at the Workplace"** is an intensive 5-day training course meticulously designed for department chairs, division managers, and executive directors seeking to cultivate high-performing teams and elevate organizational success. This comprehensive program delves into the core principles and practical strategies required to foster a thriving team dynamic, enhance productivity, and nurture individual well-being in the workplace.

Through engaging presentations, real-world examples, and interactive discussions, this course offers a transformative learning journey. Join us as we explore the foundations of team optimization, effective communication models, team development dynamics, employee well-being, skill development empowerment, and the essential role of KPIs in measuring team productivity. Discover the keys to becoming an exemplary team leader and harness the full potential of your teams for organizational excellence.

This training course will feature:

- ▸ Effective Communication Models: Foster open and constructive team interactions.
- ▸ Team Development Dynamics: Navigate stages for enhanced productivity and cohesion.
- ▸ Employee Well-being: Prioritize physical and mental health for sustained performance.
- ▸ Skill Development: Equip teams with skills for continuous growth and adaptability.
- ▸ Productivity Monitoring: Implement KPIs to enhance team productivity.

What are the Goals?

By the end of this training course, participants will be able to:

- ▸ Recognize the crucial role of team health.
- ▸ Gain insight into how team health profoundly impacts the overall success of an organization.
- ▸ Cultivate Positive and Inclusive Team Cultures and related strategies.
- ▸ Master effective communication models that enhance interactions within teams and facilitate seamless collaboration.
- ▸ Understand team Development dynamics.
- ▸ Prioritize employee well-being and work-life balance.
- ▸ Gain proficiency in monitoring and measuring team productivity using of KPIs.

Who is this Training Course for?

This training course is suitable to a wide range of professionals but will greatly benefit:

- Department Chairs.
- Division Managers.
- Executive Directors.
- Team Members.
- Leaders aim to enhance their leadership skills and boost team productivity.
- Individuals seeking to further their leadership capabilities and contribute to team.

How will this be Presented?

This training course blends powerful storytelling, interactive discussions, and dynamic visual aids to engage and immerse participants in the subject matter. Our engaging approach also combines interesting presentations, real-world case studies, interactive discussions, and practical exercises to ensure an immersive and transformative learning experience.

▶ Training Details

The Course Content

Day 1 – Essentials of Healthy Teams

- Understanding the Significance of Team Health
- The Role of Team Health in Organizational Success
- Identifying Common Team Health Challenges
- Establishing a Vision for Healthy and Productive Teams
- Assessing Team Health: Key Metrics and Indicator
- Group Activity: Creating a Team Health Roadmap

Day 2 - Cultivating Positive & Inclusive Team Cultures

- Strategies for Building an Inclusive Team Culture
- Fostering a Positive and Collaborative Team Environment
- Promoting Diversity and Inclusivity within Teams
- Navigating and Resolving Team Conflicts Constructively
- Group Activity: Role-Play - Resolving Team Conflict
- Developing Inclusivity Action Plans

Day 3 - Effective Communication Models in Teams

- The Role of Communication in Team Success
- Exploring Various Communication Models
- Active Listening and Empathetic Communication
- Nonverbal Communication in Teams
- Group Activity: Communication Skill-Building Exercises
- Creating a Team Communication Strategy

Day 4 - Team Development Dynamics & Employee Well-Being

- Understanding the Stages of Team Development
- Strategies for Advancing Team Development
- Employee Well-Being and Its Impact on Team Performance
- Work-Life Balance for Team Members
- Crafting Well-Being Initiatives for Teams
- Group Activity: Team Development Simulation

Day 5 - Monitoring & Measuring Team Productivity with KPIs

- Key Performance Indicators (KPIs) in Team Management
- Developing KPIs Tailored to Your Team's Goals
- Data Collection and Analysis for KPIs
- Adjusting Strategies Based on KPI Insights
- Implementing KPIs for Enhanced Team Productivity
- Group Activity: Designing KPI Dashboards

▶ INFO & IN-HOUSE SOLUTION

For more information about this course, call or email us at:

Call us: +971 4 365 8363

Email: info@anderson.ae

Request for a Tailor-made training and educational experience for your organization now:

Email: inhouse@anderson.ae