



Emotional Intelligence for Finance Professionals

Developing your EI, Interpersonal, and Communication Skills

► Upcoming Sessions

30 Oct-03 Nov 2022	Dubai - UAE	\$5,950
13-17 Mar 2023	London - UK	\$5,950
03-07 Jul 2023	Dubai - UAE	\$5,950
30 Oct-03 Nov 2023	Dubai - UAE	\$5,950

► Training Details

Why Choose this Training Course?

The brain's emotional centres are involved in everything we think and do and are enormously important in our work. For many Finance Professionals, "emotion" is not part of their usual training and work experience. This can be a career impediment and even make the transition to a leadership position difficult. This course will focus on how EI relates to the work of Finance Professionals. Emotional Intelligence (EI) is the ability to observe, distinguish, control and appraise our emotions. The aim is to use our awareness of self and others to manage our behaviour and relationships. This five-day course will help you develop and enhance your EI and communication skills. It will focus on practical skills development that will significantly benefit you in your work and home life. **This training course will feature:**

- ▶ Understanding your and others' Emotions
- ▶ The essentials components of Emotional Intelligence (EI)
- ▶ The Transition from Finance Professional to Leader
- ▶ Giving feedback the EI way
- ▶ Developing your EI as a Finance Professional

What are the Goals?

At the end of this Anderson training course, participants will be able to:

- ▶ Identify EI competencies
- ▶ List skills needed to transition from a Finance Professional to a leadership role
- ▶ Describe ways to improve personal EI
- ▶ Understand how to motivate yourself and others
- ▶ Display improved competency in EI

Who is this Training Course for?

This Anderson training course is suitable for a wide range of professionals but will particularly benefit:

- ▶ All finance professionals in any organisation who are transitioning to a People Management or Leadership role
- ▶ Those professionals who would benefit from an understanding of the topics
- ▶ Anyone recently promoted into a people management role

How will this Training Course be Presented?

Participants in this course will receive thorough training on the subjects covered by the

course outline, with the facilitator utilising various proven adult learning teaching and facilitation techniques. The course is very participatory and experiential. It involves a lot of skill practice in a group setting. Training methodology includes individual and group activities that will intersperse the sessions. Various practical sessions, relevant case studies and group interactions are programmed into this course. As this is coaching-based, participants will be given activities to complete and work on after the face-to-face training.

▶ The Certificate

Anderson Certificate of Completion will be provided to delegates who attend and complete the course

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